



# Northlands Rescue Mission Food Box Guidelines:

**The Mission offers free monthly food boxes for families and individuals in need.  
Boxes are provided on Tuesdays and Thursdays at the Mission.**

- Please call **before** 10 am on the day you would like your food box: (701) 772-6600 ext. 206. If you do not call before 10 am, you will not be able to receive a food box on that day.
- Leave your first and last name and your phone number (we need to be able to reach you in order for you to pick up a food box).
- You are able to request a food box for yourself or your household. You are not able to request one for another household.
- You will be able to pick up your food box from **2:30 - 3:30 pm** on the day that you call. You will need a photo ID to pick up your box.
- When you arrive at the Mission, a front office employee will direct you to the dining room – please take a seat and someone will be with you as soon as possible.
- If you have confirmed a food box twice and do not show up either time, you will not be able to pick up for 3 months.

\*LIMIT: One food box per month

\*\*We will provide as much as we can. Certain items are sometimes unavailable when we do not have enough supply (e.g. meat).