



# If you're sidelined, will your bank account be disabled?

Help protect your finances with Unum's Individual Short Term Disability Insurance.

## Income protection that works when you can't

Jill was spring cleaning and took a bad fall off a ladder. She needed surgery and time off work to heal. Her Short Term Disability insurance helped her pay the bills while she was recovering.

## A disability can come out of nowhere

- Every **10** minutes **700** Americans suffer an injury severe enough to seek medical help.<sup>1</sup>
- That's **37 million** per year.<sup>2</sup>
- Most injuries are **not work-related**, and therefore **not covered** by workers compensation.<sup>3</sup>



## But injuries aren't the only reasons you might not be able to work

- Approximately **90% of all disabilities** are **caused by illnesses** rather than accidents.<sup>4</sup>
- Social Security disability insurance **doesn't cover** short term disabilities.<sup>5</sup>

## Disability benefits to help keep your account up and running

Individual Short Term Disability Insurance can pay you a percentage of your monthly salary if you become injured or ill due to a covered off-the-job disability or covered pregnancy. You can use the monthly benefit amount any way you choose.



### MY CHECKLIST

#### Expenses that you may choose to cover with your disability benefits:

- Mortgage/rent
- Transportation (*gas, car payments, repairs*)
- Utilities (*electric, water, cable, Internet*)
- Child care/elder care
- College expenses
- Loans/credit card debt

## How to apply

To learn more, watch for information from your employer.

# Get the coverage you need.

Individual Short Term Disability Insurance is offered to all eligible employees ages 17 to 69 who are actively at work. You decide if it's right for you.

## Reasons to buy this coverage at work

- During this enrollment you can get coverage up to the guaranteed issue amount without having to answer any health questions.
- You own the policy so you can keep it even if you leave the company or retire. Unum will bill you directly for the same premium amount.
- Coverage becomes effective on the first day of the month in which payroll deductions begin.
- Your policy is guaranteed renewable, until age 72, as long as you pay the premiums on time.
- Affordable premiums are based on your age on the policy effective date and are deducted from your paycheck.

## Get the options you need

### Benefit period

If you become disabled, this is the maximum amount of time you can receive benefits for a covered disability.

Your benefit period is 3 months.

### Elimination period

This is the number of days that must pass between your first day of a covered disability and the day you can begin to accrue your disability benefits.

Your elimination period is:

- 14 days for disabilities due to a covered injury and 14 days for disabilities due to a covered illness

### Benefit amount

You can apply for a monthly benefit amount of 40%, 50% or 60% of your gross monthly salary.

## Features that add value

**A waiver of premium** — Included at no extra charge for covered injuries and illnesses. It means you don't have to pay your premiums after 90 days of total disability or the elimination period (whichever is longer). They'll be waived as long as the disability continues, up to the maximum benefit period.

## Policy provision

**Pregnancy** — Is considered the same as any other covered illness after the policy has been in effect for 9 months. The available monthly benefits will be paid upon fulfillment of the elimination period. Benefits will not be paid if the insured individual gives birth within nine months after the coverage becomes effective. However, medical complications of pregnancy may be considered as any other covered sickness, subject to the pre-existing condition limitation.

GetBenefitSmart.com  
Finally, benefits made simple



Employees must be U.S. citizens or legally authorized to work in the U.S. to receive coverage.

1,2,3 National Safety Council, *Injury Facts* (2013).

4 Council for Disability Awareness, "Chances of Disability: Me, Disabled?" (2012; accessed Jun. 15, 2014), [http://www.disabilitycanhappen.org/chances\\_disability/disability\\_stats.asp](http://www.disabilitycanhappen.org/chances_disability/disability_stats.asp).

5 Social Security Administration, "Disability Planner: What We Mean by Disability" (Oct. 15, 2012; accessed Jan. 19, 2014), <http://www.ssa.gov/dibplan/dqualify4.htm>.

Underwritten by: Provident Life and Accident Insurance Company, Chattanooga, Tennessee  
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